

Possible activities to do with Tamariki /Rangitahi

The list below is very broad and not all activities will be right for the age group you are working with or their personality. Sometimes we are given a budget, sometimes we can apply for a budget for a certain activity and other times we need to be creative. Remember to keep in mind the safety of the tangata whaiora and yourselves with any tools you may use.

- Colouring-in books
- Drawing pads and pens
- Play ball, soccer, basketball at courts
- Board games e.g. monopoly
- Card games
- Creating an ideas list of what the tangata whaiora wants to achieve and how to do it
- Creating a rewards and recognition programme for good behaviours

Possible Activities with a budget

- Callum Brae Mini golf
- Cambridge Mini Golf
- Swimming e.g. Hamilton Pools, hot pools
- Hamilton Zoo
- Movies
- Draw
- Paint
- Craft projects
- Jigsaw or word puzzles
- Classic car museum
- Paint rocks and hide at a park
- Origami
- Make jewellery with beads (will need some prep)
- Bake a cake (might need to be a microwave one)
- Leap indoor trampoline park
- Boatshed kayaks
- Extreme Edge Rock climbing
- Short trips (with office approval) e.g. Hamilton Gardens, Hamilton Lake, nearby towns

Free activities to do

- Library
- Museums
- Window shopping
- Art Galleries
- Take photos
- Write a letter / story / journalling
- Go somewhere with a picnic
- Make a music video
- Shopping
- Take a walk – hiking trails, bush walks
<https://www.waikatoz.com/experiences/walking-hiking-trails/>

If you have a printer, you can download these for some fun activities:

- [Wellbeing Colouring In](#)
- [Te Reo version Te Whare Tapa Whare Chatterbox](#)
- [English version Te Whare Tapa Whare Chatterbox](#)

If you have any other ideas that could be added to this list, please let us know: 0800 255 000.